

INFORMED CONSENT

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

The Nature of the Chiropractic Adjustment.

The primary treatment used at Aurora Central Chiropractic is spinal manipulative therapy. The doctor(s) will use manual and mechanical instruments upon your body in such a way as to move your joints. That may cause an audible “pop” or “click,” much as you have experienced when you “crack” your knuckles, or a sense of movement.

Analysis/Examination/Treatment

As a part of the analysis, examination, and treatment, you are consenting to the following procedures.

PLEASE INITIAL EACH THERAPY BELOW:

| | | |
|---|--|---|
| <input type="checkbox"/> spinal manipulative therapy | <input type="checkbox"/> palpation | <input type="checkbox"/> vital signs |
| <input type="checkbox"/> range of motion/strength testing | <input type="checkbox"/> postural analysis | <input type="checkbox"/> orthopedic testing |
| <input type="checkbox"/> basic neurological testing | <input type="checkbox"/> ultrasound | <input type="checkbox"/> hot/cold therapy |
| <input type="checkbox"/> electrical stimulation | <input type="checkbox"/> acupuncture | |

The material risks inherent in chiropractic adjustments.

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include, but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains/separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to, or contributing to serious complications, including stroke. Some patients will feel some stiffness/soreness following the first few days of treatment. The doctor(s) will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to the doctor(s) attention, it is your responsibility to inform the doctor(s).

The probability of those risks occurring.

Fractures are rare occurrences and generally result from some underlying weakness of the bone which the doctor(s) check from your history. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications described are also generally described as rare.

The availability and nature of other treatment options.

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers
- Hospitalization or surgery

If you choose to use one of the above noted “other treatment” options, you should be aware that there are risks and benefits for such options and you may wish to discuss these with your primary medical physician.

The risks and dangers attendant to remaining untreated.

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction, further reducing mobility. Over time this process may complicate treatment making it more difficult/less effective if postponed.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.
PLEASE INITIAL THE APPROPRIATE BLOCK AND SIGN BELOW.**

I have read [] or have had read to me [] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with a representative for Aurora Central Chiropractic and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Patient's printed name

Patient's signature

Aurora Central Chiropractic
representative's printed name

Aurora Central Chiropractic
representative's signature

Signature of parent/guardian
(if a minor)

Date